



Intramural Sports Handbook

I. Mission Statement

The intramural program at Menlo College seeks to provide a wide variety of individual and team sports to students, faculty, and staff. The Intramural Program is an excellent way for students, faculty, and alumni to interact out of the classroom. Intramural Sports promotes teamwork and competition, helps to build community on the campus, and extends learning beyond the classroom.

I. Eligibility

The following individuals are eligible to participate in Menlo College intramurals:

1. Current Menlo College students who are enrolled in the semester of competition.
2. Menlo College Faculty and Staff members
3. Intercollegiate athletes may participate in intramural competition, except for the intercollegiate sport in which they are on the current roster.
4. All participating members must sign a waiver before they can participate.
5. For team sports, Team Managers are responsible for compliance with the eligibility requirements.

II. Team Manager

The Team Manager is responsible for organizing and providing information to all members of her/his team. The Manager is responsible for the following duties:

- Determining and maintaining eligibility for all team members
- Addressing and reinforcing team conduct responsibilities
- Providing updated information to their team members
- Responsible for ensuring that team is present, and not forfeiting contests.

III. Forfeits

When a player or team signs up for a league, they are stating that they will be available and will participate at specified times.

1. If a player does not show up within 10 minutes of the scheduled start time, they will forfeit the competition.
2. If a team does not have the minimum number of participants, they will forfeit.

3. If a team has an ineligible player, they will forfeit that competition, as well as any previous competitions with ineligible player(s).
4. If a player or team forfeits two times they will be disqualified from competition from that league and may be banned from participation in future intramural competitions.

IV. Conduct/Sportsmanship

Intramural Sports are designed to be inclusive, fun, and a learning opportunity. Intramural competitors must show fairness, courtesy, and respect to fellow players, officials, and staff. The Intramural staff will not tolerate unsportsmanlike behavior at any time. Examples of unsportsmanlike behavior include, but are not limited to:

- Aggressive action toward a participant or Intramural Sports staff member.
- Profanity, insulting or vulgar language or gestures of any kind
- Verbal or physical taunting
- Threats or intimidation
- Actions that may lead to a physical altercation
- Attempts to influence the decision of a game official
- Failure to cooperate with Intramural staff
- Unsportsmanlike conduct penalties during competition

When a player engages in any unsportsmanlike behavior, they may be ejected from a contest or tournament. The player then will be required to meet with the Intramural Director to discuss disciplinary actions that may include:

- Suspension
- Ejection from the league
- Police involvement
- Formal Campus Judicial Action

V. Rules Governing General Behavior

No alcohol, drugs, or tobacco products are allowed before, during, or after Intramural Sports activities.

Intramural staff reserves the right to restrict play or eject anyone suspected of being under the influence of drugs or alcohol.

No black-soled, marking shoes may be worn during any indoor Intramural sport.

Vulgar, obscene, abusive, derogatory, racist, sexist, and/or discriminating or demeaning comments or gestures will not be tolerated.

VI. Omissions

In cases where policies are not outlined in the Intramural Sports handbook, the Intramural Sports staff reserves the right to use common sense, fairness, and the Mission Statement of the program in order to provide interpretations on any issue related to Intramural competition.